

RUNNEMEDE PUBLIC SCHOOLS
MARY E. VOLZ

509 W. THIRD AVENUE
RUNNEMEDE, NJ
08078-1299



(856) 931-5353
FAX (856) 931-1827

Steve Pili
Principal

Steve Maloney
Assistant Principal

October 28, 2024

Dear Parents/Guardians,

Tryouts for winter sports will now only take place on November 18th and 19th at Volz. Boys and Girls Basketball will be from 2:30 - 4:00 PM and Cheer will be from 3:15 - 4:30 PM. Please complete the registration link below if your child is interested in trying out. Boys Basketball, Girls Basketball, and Cheer are available to students in 5th - 8th grade.

Take note of the new procedures for sports physicals. All students must have the Preparticipation Physical Evaluation Medical Eligibility Form (PPE) completed by your student's healthcare provider and submitted to school. **This form is new this school year and must be submitted to participate.** Although not required, feel free to submit a copy of your student's completed Sports Physical to school as an update to their health chart. ***Please see the next page containing a helpful guide.***

Physicals are only valid for 365 days. Please check with the Nurse's Office to find the status of your student's eligibility. **Students can't participate without all required forms being completed by November 1st.** You can obtain all medical forms by clicking on the link below or by picking them up at school. Feel free to reach out to me if you have any questions.

[Sports Physical and Medical Forms](#)

[Health History Update Questionnaire](#)

[Link to Registration Form](#)

Thank you,

Steve Maloney
Assistant Principal

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Helpful Guide

<u>Preparticipation Physical Evaluation Medical Eligibility Form</u>	<u>Must be completed by healthcare provider and submitted to school by August 9th.</u>
History Form	Must be completed by the parent and given to the healthcare provider. Not required to submit to school.
Physical Exam Form	Must be completed by healthcare provider. Not required to submit to school.
Disabilities Form (For athletes w/disabilities)	Must be completed by healthcare provider. Not required to submit to school.
<u>Parent/Student Signature Page</u>	<u>Must be signed by the parent and student and submitted to school. This acknowledges that you read the all the pamphlets at the end of the packet.</u>
Health History Update Questionnaire	<i>*This form only needs to be completed and submitted to school if your physical examination was completed more than 90 days prior to the first practice.</i>