



## Nutritional Guidelines for School Events Bingham & Downing Schools 2023-2024 SY

*From the Desk of Ms. Yezzi, Mrs. Feldman & Mrs. Shapiro*

Federal and state nutritional guidelines regulate what students can be served, sold, or given out anywhere on school property at any time before the end of the school day. To view the entire policy, you may visit The State of New Jersey's Department of Agriculture's website.

**No homemade items can be served to students.**

For your **child's birthday**, please consult the teacher directly. Depending upon the grade, students, allergies, and other factors, each classroom operates slightly differently. *No cupcakes or balloons are permitted.*

For **special school celebrations**, we do have some flexibility. Some examples of items that can be served to our students for special occasions such as Halloween, Valentine's Day, and seasonal celebrations include:

- Chocolate
- Rice Krispie Treats
- Popsicles
- Pretzels
- Crackers (Goldfish, graham, etc...)
- Fruit roll-ups

*Again, please consult with your child's teacher and send in store bought items only. The label will list all ingredients, so it will help with our various food allergies. It is the safest option for our students.*

The following items can NOT be served to our students at any time:

- Lollipops
- Gum
- Soda

Depending upon the instructional schedule, treats will either be enjoyed in school or sent home with the students at dismissal.

Please check with your child's teacher in advance.