



WE ARE EXCITED TO ANNOUNCE THAT THE HAWTHORNE PUBLIC SCHOOLS WILL BE PARTNERING WITH:

**FIEDELDEY CONSULTING
&
WEST BERGEN MENTAL HEALTH**

TO PRESENT A WORKSHOP SERIES ADDRESSING THE CURRENT MENTAL HEALTH CRISIS

The Transition Back: Coming Together After A Year Apart

Target Audience: Elementary, Middle, High School Parents

Monday, August 16, 2021 at 6:30 PM

Presented By: West Bergen Mental Health

Zoom Link: https://hawthorne.zoom.us/webinar/register/WN_vyHEP0xbSy6KdvBi7yC7Nw

This presentation will explore all of the thoughts, feelings, and emotions that our students may be feeling as they venture back to school full time. West Bergen Mental Health counselors will discuss what to expect, what to watch for, and strategies to help your student transition back so they can be their best academic self.

Universal Mental Health Screener

Target Audience: Middle School and High School Parents

Thursday, August 18, 2021 at 6:30 PM

Presented By: Fiedeldey Consulting

Zoom Link: <http://tinyurl.com/HawthorneFC>

Steve Fiedeldey will discuss the Universal Mental Health Screener. The Universal Mental Health Screener assesses the presence of risk and protective factors and the presence of mental health difficulties. Results are used to identify not only students who require treatment, but also those who would benefit from early intervention. Hawthorne Public Schools will be administering this screener to LMS and HHS students that receive parent consent in an effort to proactively identify students who may benefit from additional support, as well as those who need to be linked to outside mental health providers.

Film Viewing: Resilience: The Biology of Stress and Science of Hope

Target Audience: Elementary Parents, Grades Pre-K - 5

Available For Viewing: Monday, August 23, 2021 - August 25, 2021

Film Provided By: Fiedeldey Consulting

Link: Forthcoming

ACE, Adverse Childhood Experiences

Target Audience: Elementary Parents, Grades Pre-K - 5

Monday, August 25, 2021 at 6:30 PM

Presented By: Fiedeldey Consulting

Link: <http://tinyurl.com/HawthorneFC>

Adverse Childhood Experiences (ACEs) include a long list of potential experiences a child age 0-17 may endure that can cause stress, potentially leading to trauma. The list ranges from experiences like homelessness and child abuse to other conditions that may seem more tangential, like living with a mentally ill family member or seeing a family member (typically caregiver or sibling) abused. The presenter will discuss possible ACEs that a child may experience and the impact they may have on their learning and development. The Hawthorne Public Schools will be asking consenting parents to complete the ACE survey so that students who may benefit from more support can be identified and supported. For more information: <https://kpjrfilms.co/resilience/>